



NEWLANDS
BISHOP FARM

POSITIVE HELP FOR PEOPLE



**“ Newlands Bishop Farm
is a great place to come
to as I get to make things
and work with my friends**

Project Worker
Newlands Bishop Farm



PERSON-CENTRED
TRAINING
FOR PEOPLE WITH
DISABILITIES



**Newlands Bishop Farm
offers work-based
experience to adults with
learning disabilities and
mental health problems.**

The farms focus is to provide individuals with opportunities to try out a wide range of activities in a supportive setting, allowing new knowledge and life skills to be gained which can lead to future employment.



The farm is often described as a hidden gem, minutes away from Solihull town centre, offering excellent links to public transport and motorways. All the activities at the farm are on a scheduled basis which changes twice per year, giving everyone the opportunity to try new things.

With the focus being on future employment and life skills individuals attending the farm are encouraged to look after their own uniform, arrive on time, book annual leave when needed and develop their skills working both in groups and on solo tasks within the group.

It also boasts it's own three-hat tipi, which is used to host weddings during the summer – creating further opportunities to generate income whilst offering avenues for project workers to gain employment skills by helping on and before the wedding day.

OUR WORK ACTIVITIES AND EXPERIENCES AVAILABLE TO YOU

HORTICULTURE

The farm boasts a host of gardens which are tended to by the horticulture groups, project workers help to create baskets, grow plants and produce which are sold to generate an income. Seeing this process from start to finish provides valuable life skills and a responsibility of maintaining the plants.

COMMUNITY GARDENING SERVICES

Our project workers take part in a wide array of gardening jobs in and around the Solihull community. These include hedge cutting, slabbing, fencing, grass cutting, garden clearance and design. Working with our knowledgeable instructors these skills can then be transferred so project workers are able to help maintain their own gardens.

FRUIT & VEGETABLE PRODUCTION

The farm produces a lot of the vegetables used in the café. We also use the produce in jams, chutneys and juices which are then sold. Project workers help to maintain our orchard, poly tunnels and greenhouses.

HORSE AND LARGE ANIMAL CARE

The benefit of working with horses is well known for its calming properties. Project workers take part in all aspects of taking care of the farm's horses, from grooming, cleaning stables and vet/farrier visits. They also help to look after the flock of sheep and help with lambing during the spring.

SMALL ANIMAL CARE

Working with a variety of small animals such as rabbits, tortoises, hens, budgies and goats our small animal activities cover all aspects of caring for animals. Project workers learn about how to care for and enrich animals lives as well as how to handle animals correctly.





OUR WORK ACTIVITIES AND EXPERIENCES AVAILABLE TO YOU

SENSORY, CRAFTS & MUSIC

Our sensory and crafts group explore creativity through crafts, music, acting and dance. This allows individuals to build confidence around their peers and in themselves.

WOODLAND MANAGEMENT

Our woodland team now get involved in a variety of tasks - log splitting for our wood fired burner in the café, bush craft, pruning, walkway maintenance and developing the sustainability of the area for wildlife and the trees.

SPORTS & RECREATION

We have a variety of sports groups which take place during the week offering individuals the opportunity to access sport they may not usually experience, including rock climbing, tennis and more.

WOODWORK

Our barn offers the opportunity to learn how to use drills, saws and how to finish woodwork items to a high standard. They create a variety of things to sell including benches, bird boxes, planters and more. They also help to maintain all areas around the farm.

BERRY'S CAFÉ

Our on site café prepares and cooks all the lunches for those attending the farm. Project workers have the opportunity to develop their catering skills with our fully qualified chef and support staff. From 2023 our new canteen will be built allowing Berry's Café to be open to the public during the week. This will offer project workers more opportunities to develop their employment skills.





TRAINING COURSES & WORK EMPLOYMENT SKILLS

Everyone has the opportunity to attend our in-house training courses which cover basic life skills such as first aid, manual handling, food safety and more. We are also launching a work scheme, aimed at vital skills which help transition into employment such as CV writing, interview role plays and work experience.

COLLEGE COURSES

We work closely with Solihull College to offer both animal care and horticulture accredited courses. We also run in-house English and Maths courses to continue to support and develop individuals' functional skills.

Family Care Trust is a registered charity working with adults with learning disabilities since 1995.

SERVICES WE OFFER:



Newlands Bishop Farm



Community Care Services



Blanning Dementia Day Centre



Weddings



Family Care Trust
Newlands Bishop Farm
Berry Hall Lane,
Catherine de Barnes,
Solihull, B91 2RY

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