

### COMMUNITY CARE SERVICES POSITIVE HELP FOR PEOPLE



community supportNEW.indd 1 20/12/2022 15:52:13







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# Supported Living and Respite Service

Our new respite support service is based at Dassett Road in Dorridge, one of our assisted living facilities, this offers a fully furnished flat within the comfort of homely warm surrounding. Where individuals can access support from our qualified support staff.

A wide range of existing activities take place and Respite users have the option of participating alongside other residents whilst still accessing their current day services if required.

Flexible days are available for those requiring respite. Our aim is to always give the feel of a home from home so that individuals can relax and enjoy their time whilst families get the opportunity for some respite. Support is tailored on an individual basis and a full support assessment is carried out before admission to ensure this is always person centered.



community supportNEW.indd 3 20/12/2022 15:52:27



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#### Community Care Services

With over 27 years experience in the care sector we provide specialised personcentered care packages, in individuals home environments across Solihull.

This enables individuals with learning disabilities, mental health problems or physical disabilities to continue living as independently as possible in their own homes.

Our community support team can assist individuals with a wide range of tasks including shopping trips, one to one support with finances and housing and accessing other services in the wider community.

We have a supported living Scheme in Dorridge for adults with learning disabilities.

Our skilled staff promote independence and provide a high standard of care, whilst ensuring

dignity and respect. All individuals that accesses our community services. will receive a home risk assessment and a full personcentered care plan outlining the needs and outcomes.

We work as part of a multidisciplinary team with health and social care professionals to provide a regular routine that can be relied upon to deliver specialised support. We are a Disability Confident employer and have our own in house training ensuring that all our staff are always up to date with best practises.

We understand how important it is for individuals to have a reliable support service and to have trust in good, experienced staff to be on time and go the extra mile to provide added value for service users and families.



community supportNEW.indd 5 20/12/2022 15:52:32













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### Blanning Dementia Day Centre

Our Blanning Dementia Day Centre located in Dorridge, minutes from Solihull town centre offers excellent high-quality care to individuals with memory problems as a result of Alzheimer's, strokes, Parkinson's and other mental health problems.

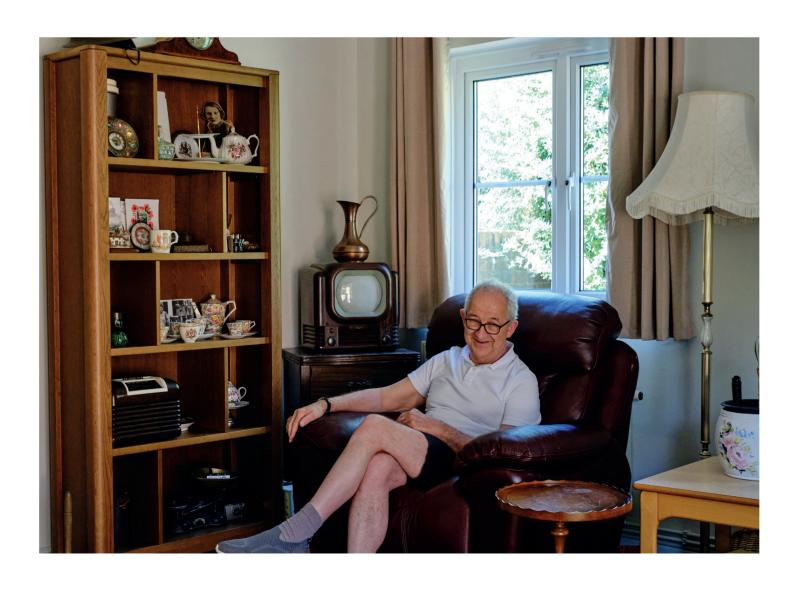
The centre has expert staff trained to support individuals whilst promoting dignity, independence and most of all to enjoy their time spent at the Blanning.

We understand that offering regular diverse activities can help stimulate the mind, so have varying weekly timetables which include armchair yoga, a reminiscence room, therapeutic sports activities with qualified sports coaches, as well as other solo and group therapeutic activities.

We can provide support with personal care, transportation and help with social care. Freshly cooked two course meals are also provided as part of the package. Transportation to and from the Blanning is via

our centres minibus, equipped with disabled access and qualified experienced drivers. Our reminiscence room has been designed to stimulate old memories, to encourage conversations about times gone by and is fully equipped with memorabilia and photos to help individuals recall their past.

We can offer regular supported trips out with clients within the local community.



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## Family Care Trust is a registered charity working with adults with learning disabilities since 1995.

#### **SERVICES WE OFFER:**



Newlands Bishop Farm



Community Care Services



Blanning Dementia
Day Centre



Weddings













Family Care Trust Newlands Bishop Farm Berry Hall Lane, Catherine De Barns Solihull, B91 2RY

Tel: 0121 770 1578 enquiries@familycaretrust.co.uk familycaretrust.co.uk Charity No. 1045025

community supportNEW.indd 8 20/12/2022 15:52:51