

respite care unit

real, positive help for people and their carers...

The respite care unit at-a-glance :

- Seven bedrooms, two with private bathrooms
- Modern building and facilities
- Transport available in disability equipped minibuses
- Choice of meals reflecting dietary and cultural needs
- Well qualified, friendly staff
- Key worker to help each service user
- Bathing & hairdressing services
- Visiting nurse & chiropody service
- Stimulating & therapeutic activities
- Outings & visits
- Care Quality Commission Audited
- NHS & LA referrals through social workers

The Respite Unit at The Colebrook Day Centre
291 Bosworth Road,
Chelmsley Wood, Solihull, B37 5DP
Tel: 0121 770 6133

contacts for respite care

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0121 770 6133

day centres
respite care
community
support
training &
development
community
gardening
the farm



2 Comfortable bedrooms with private bathrooms

We provide quality, flexible, user-friendly care services that respond to individual needs, promote independence, dignity and choice, in order to maintain or improve the quality of life of those in need and their carers.

Registered with both Solihull and Dudley MBCs, FCT is a major supplier of care services to these authorities, the NHS and private service users.



Games Room



5 bedrooms all with washing facilities

fact sheet

respite care unit

a well earned break for clients and carers...

respite service offers:

We strive to make the Colebrook Centre a warm, vibrant place with a home from home atmosphere. The centre specialises in providing person centred 24 hour respite residential care for older people who have dementia, Alzheimer's or other mental health issues.

Respite care provides social contact in a safe, supported environment for the service user and gives carers and relatives much needed reliable break opportunities.

During the day, if they wish, guests can join in the supported onsite art, crafts, games and other activities we offer. We provide activities that are meaningful, stimulating and give the opportunity to learn new skills. The well tended garden area is a safe, pleasant outdoor environment for activities and relaxation. There are quiet areas that can be used for relaxation, reading, watching TV or having a private moment. Whatever the reason for respite service, please be sure that we provide the very best care in a homely, safe environment that treats every individual with dignity and respect.

Accommodation at the respite unit is co-ordinated through Solihull Metropolitan Borough Council Social Services (0121 704 8007), and requests for a reservation should be directed to them in the first instance.

call on **0121 770 6133** for more information

about the Family Care Trust

- Registered charity no. 1045025 ● Company No 2982937, incorporated in 1995
- Holder of 'positive about disabled people' award
- Experienced and qualified managers and trustee directors
- Modern staff development programmes to meet the changing needs of service users
- Care contracts with Solihull Metropolitan Borough Council
- Care contracts with Dudley Metropolitan Borough Council
- Care contracts with the NHS ● In partnership with major local care organisations

Family Care Trust
positive help for people in need

Family Care Trust, 6 Land Lane, Marston Green, Birmingham B37 7DE

Tel: 0121 770 1578 enquiries@familycaretrust.co.uk

www.familycaretrust.co.uk

Company limited by guarantee registration no. 2982937 Registered charity no. 1045025



real help &
real support
in your
community
for people in
need and their
carers



bedrooms with private bathrooms



Relaxation Room

Special bathing equipment available



Dining Room



All dietary needs are catered for in our well equipped kitchen