

## dudley community support

real, positive help for people and their carers...

community support at-a-glance :

- Sensitive care for people with a mental health issue
- Reliable, personalised home support service
- Focus on maintaining and improving independence
- Development of confidence and social skills
- Aimed at rehabilitation and recovery
- Well qualified, friendly staff team
- Close liaison with NHS/LA health services
- Support to relatives and carers
- Adult mental health hospital discharge resettlement
- Persons aged 18 to 65 supported
- Contracts with Dudley Area Local Authority and NHS
- Direct payments or self funding service users welcome

contacts for community support  
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day centres  
respite care  
community support  
training & development  
community gardening  
the farm

We provide quality, flexible, user-friendly care services that respond to individual needs, promote independence, dignity and choice, in order to maintain or improve the quality of life of those in need and their carers. Registered with both Solihull and Dudley MBCs, FCT is a major supplier of care services to these authorities, the NHS and private service users.



## dudley community support

caring for carers...

### our community support service offers:

The Dudley Community Support Service has been providing specialist support to adults with a mental health issue since 1997. Over that time it has helped hundreds of adults across the ages of 18 to 65 to recover from all types of mental health problems, so reducing the impact that this can have on their lives, their family, friends and carers.

Our skilled and experienced team work in the community. They call at our service users' homes or another safe place to provide social contact, encouragement, befriending, facilitation and other support to aid recovery, giving the best chance of maintaining independent living. Each individual is properly assessed and our serviced tuned to provide support in the areas that they have defined and can have the most beneficial outcome.

We work as part of a multi-discipline team with health and social care professionals to provide a regular routine that can be relied upon to deliver specialised support to adults with a mental health issue. We never forget that each service user is an individual and no matter how demanding their needs, always treated with dignity and respect.

call on **01384 372600** for more information

### about the Family Care Trust

- Registered charity no. 1045025 ● Company No 2982937, incorporated in 1995
- Holder of 'positive about disabled people' award
- Experienced and qualified managers and trustee directors
- Modern staff development programmes to meet the changing needs of service users
- Care contracts with Solihull Metropolitan Borough Council
- Care contracts with Dudley Metropolitan Borough Council
- Care contracts with the NHS
- In partnership with major local care organisations

**Family Care Trust**  
positive help for people in need

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real help &  
real support  
in your  
community  
for people in  
need and their  
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